

# DME

## SPORTS ACADEMY

DMESPORTSACADEMY.COM



At the heart of the DME volleyball program is DME Sports Academy. DME features an elite basketball, volleyball and soccer training regimen which consists of skill development, group workouts, film study, and individualized strength and conditioning programs designed to maximize player development. The volleyball teams train in a state-of-the-art facility, which boasts seven volleyball courts, a football stadium, a complete strength training facility, and a film studio.

DME's managing partners spared no expense to provide the best resources possible to take an athlete's game to the next level. While attending the academy, athletes live in top tier, supervised housing with three nutritious meals provided daily. Our coaches and support staff have experience at a variety of amateur and professional levels which includes the NCAA, the NBA and international leagues and competitions.



**Dawn Moses | Director of Volleyball**

Moses is in the 36th year of coaching volleyball players. She was recognized as the 2017 All-Area Coach of the Year in Volusia County. Moses has 12 years of experience as a Club Director, 9 of which were in Ohio and 3 at DME. She also has 3 years experience as a Assistant Athletic Director. While coaching in Ohio she was the Coach of the Year 9 times.

Moses led her team to the Division I State Championship in 2008, becoming the first public school to win the big division. In 2016, Dawn was recognized by the JVA for 20 years service. Moses is CAP I and CAP II certified by USA Volleyball. Prior to her coaching career she received her Bachelors Degree in Education and went on the pursue and complete her Masters Degree in Health.



**Jill Kornegay | Assistant Director of Volleyball**

Kornegay has spent 6 years coaching club volleyball in Florida. Jill has 10 years experience in coaching middle school volleyball. She is currently the assistant club director at DME. Kornegay received her masters degree in Nursing from the University of Florida. After receiving her degree, she became a Certified Pediatric Nurse Practitioner and has worked in the Developmental and Behavioral Pediatrics field.



**Laura Anderson | Director of Recruiting**

Anderson is entering her 6th Season as Assistant and Setting Coach at Daytona State College. She has spent 12 years of coaching at elite clubs and clinics. Anderson received her Masters of Science in Coaching and Athletic Administration from Concordia University. She is currently the director of recruiting.



**Angie Lawrence | Certified Athletic Trainer**

Lawrence is certified by the National Academy of Sports Medicine for Performance Enhancement and Corrective Exercise Specialist. She is also a certified Fascial Stretch Therapist. Before landing her role as the head Certified Athletic Trainer at DME she had worked with athletes in the NBA, WNBA, NFL and NCAA.



**Rashad Roberts | Strength & Conditioning Assistant**

Roberts holds a masters degree in Exercise Physiology from the University of Louisville and is certified by the National Strength Coach Association. Prior to DME he worked for the Carolina Panthers. Roberts has worked with many athletes in the NFL, NCAA, and MLB.



**Lynette Bowman | Chief Academic Administrator**

Bowman taught a variety of middle and high school subjects for 10 years at Riverbend Academy prior to joining DME. As a school administrator at Riverbend, she assisted the Dean of Academics, Dean of Students, and Head Master. Her excellent organizational and communication skills made her the obvious choice for the Dean of Academics at DME Sports Academy.

Since starting the school, Bowman's role has expanded to include supervising all academic programs at DME. Forbes magazine recognizes the inherent value and worth of former athletes' ability to focus, drive, and excel into leadership in the business world and Bowman aims to serve as a catalyst to develop tomorrow's leaders through a Sports Academy Education.



# WHO WE ARE

DME Sports Academy is one of the top sports training facilities in the world. Located in sunny Daytona Beach, Florida, the Academy offers a wide range of training options for student-athletes who are looking to develop their mind, body, and skills. As an organization that focuses on developing the individual at every level, DME Sports Academy provides a tailored platform for individual student-athlete. We specialize in basketball, volleyball, and soccer. We offer a wide variety of programs, including seasonal camps and clinics, to athletes who are looking to grow. Each athlete and student receives instruction and developmental training that is geared towards helping him or her reach their full potential on and off the court or field.

Additionally, the Academy runs an in-house, video production studio along with a TV broadcasting center aimed to offer its student-athletes maximum exposure. Apart from producing cinematic videos for students and players, the studio also utilizes state of the art photography equipment to record games, practices, and events. All home games are live-streamed and a good portion of away games are also live-streamed when conditions allow.

Since DME Sports Academy is a boutique style, family run organization, we are able to meet each athlete's needs in an intimate and supportive setting. The athlete and student realize their apex at DME Sports Academy through our superior facilities, equipment, training system and staff who are committed to each athlete or student who joins our family.



**LAURA STEGALL**

DAYTONA STATE HEAD COACH  
DME 10 ELITE COACH



**LAURA ANDERSON**

DAYTONA STATE AST. COACH  
DME RECRUITING DIRECTOR



**BRITTANY WILLIAMS**

HEAD COACH AT BETHUNE  
COOKMAN/ 18'S HEAD COACH



**ALVARO SANCHEZ**

BETHUNE COOKMAN AST. COACH  
DME 16 ELITE COACH



**TAYLOR SWAYZER**

BETHUNE COOKMAN GRD. AST. COACH  
DME 16 AMERICAN COACH

# FACTS & FIGURES



# HS & PG ACADEMICS

## **DME SPORTS ACADEMY AND FLVS**

DME Sports Academy offers flexibility to allow for excellence in both sports and education. By utilizing Florida Virtual School, our students are able to complete their coursework from anywhere in the world with Wi-Fi, so their academics are not hindered by their athletic pursuits and traveling. Florida Virtual School offers fully accredited and NCAA approved coursework and on-call teachers for the student-athletes.

## **WARNER CHRISTIAN SCHOOL**

Warner Christian School is an academic partner of DME Sports Academy. DME's international student-athletes are allowed to participate as full-time students and complete their high school education at WCA. The I-20 document is issued by the school so that each international student can secure the necessary student-visa.



# FALL BALL MINI-CLUB PROGRAMS

## **(AUGUST - OCTOBER)**

The Mini-Club Season is geared towards young athletes who are looking to develop their fundamental volleyball skills, while being able to compete. Mini-club athletes will play competitive in house games as well as local tournaments. The goal is to put players on the path to play at more competitive levels when Spring season arrives, as well as develop their skills to assist them in making their school teams. Teams are formed by age groups and skill level. The players practices will be twice a week Monday-Friday.

# FALL BALL NATIONAL PREP PROGRAMS

## **(AUGUST - OCTOBER)**

The goal of this program is to get athletes ready to compete at the national Level for Spring Ball. The athletes will practice 6 hours a week and the time will include strength and conditioning, individual skills training in all skills, competitive drills and 1-2 tournaments. This is an invitation program and athletes will be selected at the Fall Ball placements. Practices will be twice a week Monday-Friday.



# SPRING BALL PROGRAM

**(NOVEMBER – MAY OR NOVEMBER – JUNE)**

Spring Club volleyball is a program that offers opportunities for girls age 8-18 to compete against other programs in their own age divisions. We offer both regional teams (American) that compete at tournament in-state only, as well as national teams (Elite) that compete in both in-state tournaments as well as out-of-state tournaments. The teams are coached and mentored by some of the top juniors coaches in the Daytona Beach area that strive to provide advanced technical training. Our athletes age 14 and over will be encouraged to pursue higher education by providing them exposure to college programs and assistance in the recruiting process. The Spring Team age divisions are determined by the USAV. Your age on Sept. 1, 2018 is your current age division.

## TOURNAMENTS

We strive to place our teams in tournaments in which they can compete at their highest level. There are many different divisions in which a team can play. The divisions will be determined with input from the coach and the club director. We expect our Adidas Elite teams to play in 2 qualifiers out of state and 2 qualifiers in state for the 2018 season. We expect our Adidas American teams to compete in one or two day tournaments as well as the Disney Qualifier in 2018.



**#DMESPORTSACADEMY**



# SPORTS PERFORMANCE

Our Sports Performance Coach, Rashad Roberts, has had a very decorated career over the last decade. His most prestigious stop came with the NFL's Carolina Panthers for two years as the Strength Coach Assistant where he worked with the likes of 2015 NFL MVP overall pick Cam Newton and 2013 NFL Defensive POY Luke Kuechly. Coach Rashad has trained a variety of athletes whose skill sets encompass a broad range from beginner to professional. Whether you're training in an individual or team setting, Coach Rashad's attention will focus on the physical and physiological development of the body to achieve your full potential. Training will include strategies for injury prevention and understanding the proper mechanics in strength and speed training for an athletes' respective sport.

# SPORTS MEDICINE

Sports Medicine is an integral part of competitive sports. Angie Lawrence, the Director of Sports Medicine and Human Performance at DME Sports Academy plays a significant role in the success of athletes at all levels, by optimizing their physiological and mental well-being. Her vast experience in competitive sports encompasses high school, collegiate and professional athletes. These experiences have helped her understand what it takes to make it at an elite level and what it takes to achieve optimal physical, mental and emotional training for athletes. Her passion for peak performance and injury prevention is exhibited daily in her interaction with her athletes. She and her team provide advanced and specialized treatment for each athletes individual need.

# RECOVERY

The Department of Sports Medicine and Human Performance provides athletes with the tools and resources to excel in their respective sports while enhancing their overall health and wellness. This Sports Medicine and Human Performance system utilizes an integrated, multi-faceted approach to target all areas of the athlete's performance. We offer the latest in sports recovery with the Normatec compression therapy system, HydroMassage beds and cold water hydrotherapy.

With all these components in hand, The DME Sports Medicine and Human Performance department offers a branch of medicine that has become an integral part of competitive sports. Elite athletes wishing to take their performance to the next level can expect state of the art technology and treatment when it comes to physical fitness and prevention of injuries.

# FACILITIES

- 2 FULL NBA COURTS
- 5 YOUTH BASKETBALL COURTS
- 7 REGULATION VOLLEYBALL COURTS
- 1 AMERICAN FOOTBALL FIELD
- 2 WEIGHT ROOMS WITH MACHINES & OLYMPIC WEIGHT LIFTING RACKS
- SPECTATOR VIEWING AREAS
- REFEREE ROOM
- 47,000 SQ. FT. OF MEETING SPACE
- CUSTOMIZED CONDITIONING ROOM SET UPS
- FREE HIGH SPEED WIFI ACCESS
- CONCESSION STAND & FOOD TRUCK
- ON SITE ATHLETIC TRAINERS
- OPEN 9AM TO 9PM DAILY
- 3,000 SQ. FT. TELEVISION STUDIO WITH STATE OF THE ART EQUIPMENT
- COMPREHENSIVE SPORTS MEDICINE, ATHLETIC TRAINING & RECOVERY FACILITIES



COACHES  
VISITING  
DME

COLLEGE  
PLACEMENT  
ACTION PLAN

**EXPOSURE**

PLAYING  
REGIONAL  
TOURNAMENTS

OVER 30  
UNIVERSITIES IN  
FLORIDA REGION



# COLLEGE PLACEMENT



**SARAH LUOMA**  
will attend Tampa  
in Fall 2018



**KAMARI POTTER**  
will attend Tampa  
in Fall 2018



**MADDY TAPP**  
will attend Daytona  
State in Fall 2018



**TALYN ALLARD**  
will attend Lake  
Sumter St. in Fall 2018



**KENDYL TAYLOR**  
will attend Embry  
Riddle in Fall 2019



**ANNA GIANNINI**  
will attend UNC  
Greensboro in Fall 2018

# LEADERSHIP



## MIKE PANAGGIO

### FOUNDER & CO-OWNER

- Founder and CEO of DME Holdings (a large integrated communications marketing company)
- Elected member of the Printing Hall of Fame
- Played four years of basketball for his father at SUNY Brockport where he graduated with an Economics degree
- Achieved the school record for points scored in his college basketball career

## DAN PANAGGIO

### FOUNDER & CO-OWNER

- 30+ years coaching experience
- 2x Continental Basketball Association champions, Quad City Thunder
- 10 years NBA assistant coach and scout, Los Angeles Lakers, Portland Trail Blazers, Phoenix Suns
- 2x NBA Champions, L.A. Lakers

## LANCE BLANKS

### CEO & MANAGING PARTNER

- Former NBA General Manager
- 8-year professional career
- Played for Detroit Pistons, Minnesota Timberwolves
- Texas Longhorns Basketball Hall of Famer
- College Basketball Color Analyst (ESPN - Longhorn Network)

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